

Cook County Food Resources

Getting access to nutritious food does not have to be a struggle. You can learn about federal/state and non-profit programs that offer food and nutrition assistance.

Here are some resources that can help you:

- Apply for Snap benefits: SNAP is the Supplemental Nutrition Assistance Program that used to be called Food Stamps. SNAP helps people buy the food they need for nutritional health.
- Phone: 1-800-843-6154 (TTY: 711)
- <https://abe.illinois.gov/>

Illinois Hunger Coalition Hotline offers referrals for:

- Supplemental Nutrition for Woman, Infants, and Children WIC
- Phone: 800-359-2163 (TTY: 711)
- <https://www.ilhunger.org>

Chicago Public Schools Meal Sites and Schedule

Phone: 773-553-KIDS (5437) (TTY: 711)

<https://www.cps.edu/services-and-supports/school-meals-and-nutrition>

No Kid Hungry

Phone: 708-386-1324

<https://www.gobeyondhunger.org/need-help>

Operation Blessing of Southwest Chicagoland

4901 West 128th Place

Alsip, IL 60803

Phone : 708-597-6326

<https://opblessing.org/>

USDA Food and Nutrition Service Meals for Kids

Phone: 866 348-6479 for English or 877-842-6273 para-Espanol (TTY: 711)

<https://www.fns.usda.gov/meals4kids>

Cook County Food Resources

Self Help Closet & Food Pantry

769 Holiday Lane

Des Plaines, IL 60016

Phone : 847-375-1443 (TTY : 711)

<https://sites.google.com/view/closet-pantry-of-des-plaines>

Palatine Township Center

721 South Quentin Road

Palatine, IL 60067

Phone: 847-358-6700 (TTY: 711)

<https://palatinetownship-il.gov/services/food-pantry-department/>

Niles Township Food Pantry

8341 Lockwood Avenue

Skokie, IL 60077

Phone: 847-983-0073 (TTY: 711)

<https://www.nilestownshipgov.com/162/Food-Pantry>

Food 4 Life Food Pan

9777 Grand Avenue

Franklin Park, IL 60131

Phone: 847-455-7013 (TTY: 711)

Hanover Township Food Pantry

7431 Astor Avenue

Hanover Park, IL 60133

Phone: 630-540-9085 (TTY: 711)

Westchester Food Pantry

1938 South Mannheim Road

Westchester, IL 60154

Phone: 708-927-4826 (TTY: 711)

<https://www.westchesterfoodpantry.org/>

Cook County Food Resources

Lighthouse of Hope Assembly

1705 West North Avenue
Melrose Park, IL 60160
Phone: 708-344-7497 (TTY: 711)

Schaumburg Township Food Pantry

1 Illinois Boulevard
Hoffman Estates, IL 60169
Phone: 847-884-0030, Extension 1013 (TTY: 711)
<https://schaumburgtownship.org/services/food-pantry/>

Age Options Home Delivered Meals

1048 Lake Street, Suite 300
Oak Park, IL 60301
Phone: 708-383-0258 or 800-699-9043 (TTY: 711)
<http://www.ageoptions.org>

Beyond Hunger

848 Lake Street
Oak Park, IL 60301
Phone: 708-386-1324 (TTY: 711)
<https://www.gobeyondhunger.org/need-help>

Lemont United Methodist Church

25 West Custer Street
Lemont, IL 60439
Phone : 630-257-5210 (TTY : 711)
<https://lemontumc.org/ministries/pantry.php>

Redeemer Lutheran Church

4955 158th Street
Oak Forest, IL 60452
Phone: 708-567-1039 (TTY: 711)

Cook County Food Resources

The Pantry of Rich Township- Food Distribution Center

22013 Governors Highway

Richton Park, IL 60471

Phone: 708-748-6722 (TTY: 711)

<https://www.richtownship.org/pantry>

Tinley Park Food Pantry

6875 173rd Place

Tinley Park, IL 60477

Phone: 708-614-7739 (TTY: 711)

<https://www.tinleyparkfoodpantry.com/>

Together We Cope Food Distribution Center

17010 Oak Park Avenue

Tinley Park, IL 60477

Phone: 708-633-5040 (TTY: 711)

Share Food Share Love Food Pantry

9030 Brookfield Avenue

Brookfield, IL 60513

Phone: 630-347-5390 (TTY: 711)

HCS Family Services

19 East Chicago Avenue

Hinsdale, IL 60521

Phone : 630-323-2500 (TTY : 711)

<https://www.hcsfamilyservices.org/get-help/food-pantries>

Pilsen Food Pantry

1850 South Throop Street

Chicago, IL 60608

Phone: 773-812-3150 (TTY: 711)

<https://www.pilsenfoodpantry.com/food>

Cook County Food Resources

Firman Community Services

4705 South State Street

Chicago, IL 60609

Phone: 773-373-3400 (TTY: 711)

http://firmancs.org/programs_es.html

Greater Chicago Food Depository

4100 West Ann Lurie Place

Chicago, IL 60632

Phone: 773-247-3663 (TTY: 711)

<https://www.chicagosfoodbank.org/find-food>

The Chicago Department of Family & Support Services

Meals on Wheels

314 West Superior Street, #201

Chicago, IL 60654

Phone: 773-661-4550 (TTY: 711)

<https://www.mealsonwheelschicago.org/>

The Salvation Army Norridge Citadel Corps Community Center

8354 West Foster Avenue

Norridge, IL 60706

Phone: 708-456-6220 (TTY: 711)

<https://centralusa.salvationarmy.org/norridge/contact-us/>

CBS Food Pantry

1937 South 50th Avenue

Cicero, IL 60804

Phone : 708-863-4913 (TTY : 711)

<https://www.findhelp.org/provider/cicero-berwyn-stickney-%2528cbs%2529-food-pantry--cicero-il/5352205431603200?postal=60804>

The Village Pantry Coalition

2704 West 98th Place

Evergreen Park, IL 60805

Phone: 708-629-8526 (TTY: 711)

<https://www.eppantry.org/food-assistance>